



Co-Creative Mentoring

Sheryl Harrell, MA/A.B.S., BCC

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CLIENT COACHING AGREEMENT

Sheryl Harrell's Credentials:

- I received a Master's degree in Applied Behavioral Science (MA/A.B.S.) from City University, Leadership Institute of Seattle in 1990.
- I received a Certificate of Completion (EFT-ADV) for Emotional Freedom Techniques (EFT) in 2007 and received Practitioner Certification (EFT-CERT 1) in 2009.
- I received a Wellbeing Coach Certification in 2006.
- I am not a licensed medical or mental health professional and do not diagnose any medical condition.

I understand that:

- ✓ An assessment will be conducted to determine the general health of my energy system and this information will be shared with me.
- ✓ Any suggestion made by the practitioner will be to assist my body's natural ability to achieve a balanced state to the extent that my body/mind will allow.
- ✓ The goal of our sessions will be identified as part of the coaching process and I will have input into my goal setting.
- ✓ These sessions are not meant to replace treatment by established medical practices but to complement them.
- ✓ No guarantees as to the results of coaching are expressed or implied by the practitioner.
- ✓ All issues related to my session are confidential.

I agree to:

- ✓ Raise any questions about anything I do not understand.
- ✓ Consider any suggestions that the practitioner may raise concerning referrals to other health care practitioners.
- ✓ Take full responsibility for my own health care.
- ✓ Give consent to SHERYL HARRELL to conduct a session to balance my energy system, which may include light touch and/or tapping at various points on my body.

CANCELLATION POLICY: If you must cancel a session, please give at least 24 hours' notice. Your consideration is much appreciated. Cancellations without 24 hours' notice and missed appointments will be charged at the regular rate with allowances for emergency situations.

By signing this **Client Coaching Agreement**, I acknowledge that I have read and understand SHERYL HARRELL'S **Disclaimer** and my **Client & Coaching Rights and Responsibilities**.

Name (please print)

Date

Signature